

Tip sheet – before your first meeting with a provider

Below are some questions you may like to think about before you meet with a new provider. They may help you decide whether the provider, and the supports they provide, are right for you.

You may be able to find information on a provider's website. You can also look at [finding new providers or supports](#) and [provider wait lists](#). You can use the [compare providers or equipment](#) tool to help you decide on a new provider.

You don't need answers for all these questions before your meeting. You can ask the provider when you meet them.

Provider details

Provider name: _____

Address: _____

Website: _____

Phone number: _____

Email: _____

Service/support: _____

How you found this provider: _____

- How will this provider help you with your disability-related needs? ☐

- If you have received this support before, do you still need it/is it still helping you? What progress or outcome have you experienced? ☐

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You may have other questions. You may want to write them down so you don't forget to ask them.

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